Chapter Saskatoon Edition

PRESIDENT'S REPORT



W.O.W.. Women of Wonder! By definition the word wonder means "a feeling of surprise mingled with admiration, caused by something beautiful, unexpected, unfamiliar, or inexplicable". It also means "to feel admiration and amazement; marvel." These are my feelings towards all the women who made EWI of Saskatoon a possibility. EWI of Saskatoon was officially chartered on May 4th, 2018.

What a day May 4th was! It was a day

of adventure and kinship. Our chapter was super grateful to have EWI President Cheryl Hawkins partake in our fun! There were also members from EWI of Calgary that also attended our special day.

We started the day at Wanuskewin with a tour of the facilities and the valley. The universe blessed us with an absolutely amazing day. The sunshine energized our souls and fueled our friendships. The group was full of smiles and hearts of love. The next best way to celebrate is with a great meal.

Our group went to the Saskatoon Berry Barn to gather as a group of hopeful people thinking and discussing our bright future. Everyone laughed and visited and ended up with full bellies. Luckily we were able to walk off our amazing lunch at our next stop.

The group took a most interesting and bazaar tour of the Remai Modern Gallery. The Remai is a mixture of architectural beauty and mind bending art. Our group laughed and learned a lot about many of the displays. To top it all off, we were able to become Picasso for an hour! Ok ok...we dabbled in an art method and style that was utilized by Picasso. I believe most of us felt the Picasso spirit that day. Such fun to be creative! So onward and upward...believe it or not on to our next event.

Our EWI of Saskatoon Chartering event was spectacular!! We had so

May 2018

much support from the community, City of Saskatoon and many businesses. A majority of our EWI members were there and many friends and family came out to support us. The charting event will go down in history for Saskatoon. Through everyone giving their time, money and donations the chartering of the Saskatoon EWI chapter was a success. Along with becoming an official EWI chapter, we raised funds of \$984.48 for our ASIST program. To have contributed to such a special moment in time will always hold a special place in my heart.

There are never enough ways to thank everyone who was involved in making this day happen. Thank you to everyone who was involved and who supported the Chartering event of EWI of Saskatoon. Hope to see you all at our many upcoming events!!

> - Alisa Thompson, President

New Member

We are excited to announce the addition of a new firm member:

Amanda Medvid - Food 4 Change

Welcome Amanda! It has been great getting to know you this past month. We hope to see you again at the June dinner.

Saskatoon Tour

On Friday, May 4th, we acted as tour guides around Saskatoon for Cheryl Hawkins, Present of the Corporate Board as well as for our out of town guests. Due to cirmustances beyond our control, we were not able to visit the mine as planned but Wanuskewin acted as a great back up! It was a beautiful morning to tour the historic grounds and we had a private tour down into the valley.

We then went for lunch at the Saskatoon Berry Barn where we had an amazing lunch (and even better dessert) overlooking the river valley.

Afterwards we landed at the Remai Modern art gallery and again, had a private tour of the gallery that culminated in an art project!









2017-2018 Officers & Directors

President Alisa Thompson, Epic Alliance Inc.

Vice President Sandra Miller, The Franklin by Revera

Secretary Fran Seidler, Hillcrest Funeral Homes

> **Treasurer** Darlene Biggins

Ways & Means Director Vacant - This Could Be You!

Recruitment & Retention Director

Vacant – This could be You!

Advisor Karen Skirten, Sable Consulting

Sergeant-at-Arms Vacant - This Could Be You!

Programs Director Kim Jolivet

Communications Director Michelle Busa

Chapter Chartering Celebration

As Alisa mentioned in her opening message, thank you to everyone who was able to attend our Chapter Chartering dinner, an important milestone in our history! We had a great time getting to know some of our newer members better and conversing with our guests from out of town, namely Cheryl Hawkins, President of the Corporate Board.

Jess Tetu had an amazing message. She spoke about tenacity, resilience, and the importance of relationships and how they come together to create success. If you missed this chance to hear her message, I would seek out the opportunity in the future.

Near the end of the evening, Cheryl Hawkins spoke fondly of her time in Saskatoon and administered the chartering ceremony, presenting our official chartering documents!













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Dining Etiquette 101



Have you ever felt overwhelmed at a dining table? Not sure which bread plate is yours or which fork to use when? Most North Americans have at one time or another depending on your experience with dining etiquette.

When I was growing up my parents always made sure that at least once a month we ate out as a family in a restaurant. It was not only an enjoyable time that we looked forward to but it also created an ongoing learning environment for us children. Our palettes were expanded as they encouraged us to try foods we did not normally eat at home while our manners and etiquette were tested.

This monthly practice did me well when I went to Germany in Grade 11 as an exchange student.

Later, as I moved through ever-expanding roles and was exposed to a variety of fine dining experiences through my work life, I really appreciated that my parents had the foresight to ensure that I at least knew the basic rules of etiquette.

When I worked for Mark Staffing in Calgary, we actually made a meal a part of our recruitment process with an internal candidate. We wanted to see if they knew how to conduct themselves at a table as entertaining our clientele was a regular occurrence for staff. We also held training sessions with a mocked up place setting in our boardroom.

I am sharing these with you now so that you too will feel comfortable at all times when dining socially.

- Never change a name card at a place setting that the hostess has arranged
- When you sit down at your place setting, put your napkin on your lap. You will notice in some fine restaurants that they will give you either a black or white napkin based on the color of your outfit. This is done so that lint from the

napkin does not transfer on to your outfit. Let the waiter place the napkin on your lap.

- If you leave the table temporarily, place your napkin on the seat of your chair until you return.
- When you leave the table at the end of the meal, place your napkin on the left side of your plate.
- Never start to eat until all people at the table have been served and your host or hostess has invited you to begin. This is always given after a blessing is given. In the case of EWI, we don't start to eat until after invocation even if the soup or salad has been pre-set.
- Your bread plate is to your left. Bread is never cut with a knife, but rather pulled or broken apart, even a roll.
- If you are served soup, move the spoon through the soup from the front of the bowl to the back of the bowl and then raise it to your mouth and tilt the side of the spoon towards your mouth. The soup spoon never

goes straight into your mouth. To get the last little bit of soup from the bowl, tip the bowl away from you to fill your spoon.

- If you are wondering which utensil to use, you always work from the outside in towards your plate. How many forks, knives and spoons are laid out will indicate how many courses you are being served and whether or not dessert is to be expected (see diagram below).
- When passing a dish, always pass to the right unless you are passing to a specific person who may have asked you to, "Pass the salt, please."

Note how the woman is holding the utensils in the photo above. This is the correct way. Food is pushed on to the back of the fork with your knife and then raised in that position to your mouth.

If you ever want a demonstration, please feel free to ask me! I have shared this with so many staff members, colleagues and friends over the years and I am happy to do the same with you! The following infographic is a perfect example and lays it all out beautifully.

I hope this is valuable to you, either as new information or as a refresher. If you can master this, you can dine anywhere, with anyone and never feel uncomfortable or unsure of yourself.

DATES TO NOTE

June 20th

5:00pm – EWI Dinner Meeting *Hillcrest Funeral Home*

August 15th

6:00pm - Moonlake Golf and Country Club Nine and Wine Sponsorship Event



Karen Skirten, Advisor



JOIN US! Wednesday, 20 June



The Program:

"The Chamber, Where we have been, where we are now, where we are going in the future"

Join us as Darla Lindbjerg, CEO of the Greater Saskatoon Chamber of Commerce shares about the history and future of this organization.

Guests welcome!

<u>DINNER MEETING</u> @Hillcrest Funeral Home

5:00—Drinks & Networking 6:00—Dinner 6:45—Program 7:30pm—Adjourn Dinner Meeting

> <u>Cost:</u> \$45/Members \$50/Guest

Register by June 17th on ewiofsaskatoon.ca/events

*Remember to bring a book for our collection to donate to READ Saskatoon!



EWI of Saskatoon Chartering Report

On Thursday, May 3rd, Saskatoon was blessed with a sunny day to greet our out of town guests with. First to arrive was our Corporate President Cheryl Hawkins who was met by Member Representative and Board Secretary Fran Seidler with Hillcrest Funeral Homes, who was a sponsor of this event. Fran is a licensed limo driver and was pleased to pick Cheryl up from the airport in a sedan car for her ride to our host hotel, the Hilton Garden Inn.

Next to arrive were two Sustaining Members from EWI of Calgary: Fran Esler and her husband Len, along with Phyllis Snider and her husband Frank. The two couples are dear friends and were thrilled to make the seven hour drive from Calgary to Saskatoon together.

EWI of Calgary President Sherri Cunningham chose to fly and I was happy to pick her up and set her up in my guest room at Chateau Skirten.

All travelers and some members of the Saskatoon Board met at 6pm for a drink in the hotel lounge before walking over to the 2nd Ave Grill restaurant for dinner in their Atrium Room at 7pm. Restaurant owner Heddy Trapler was happy to guide some of the ladies over to the dress shop next door where she had purchased the gorgeous dress she was wearing. Sherri, Cheryl and our Vice President Sandra Miller popped in and the store owner was kind enough to ensure she would have a dress ready for Cheryl on Saturday to pick up. EWI – women, wine and shopping!

After a lovely meal and walk back to the hotel we said our good nights and went home to rest up for a marathon day on Friday.

Again, we were greeted with sunshine as we all met at Wanuskewin Heritage Park, located just north of the city. We started our private tour of the park a little past 9am. We heard all about the indigenous people who had been gathering at this site for more than 6,000 years. Our guide was very engaging and informative and walked us through the valley and protected lands where they lived. The site is home to the most northern medicine wheel found in North America, a buffalo jump area that sits on over 4 meters of buffalo bones and so much more!

Wanuskewin is in the process of applying to be designated a UNESCO World Heritage site. We watched a film on the park after our hike which was very enlightening. There is a definite spirit palpable while on the land. Nutrien, who was one of our dinner sponsors, is a key supporter of the park and is helping them expand. To plan your trip visit <u>www.wanuskewin.com</u> for more information.

After our hike we drove south along the river to The Berry Barn nursery and restaurant for a fabulous lunch of Ukranian & Mennonite favorites; Borscht, Perogies, Farmer Sausage and of Saskatoon course, berry desserts! another On occasion, a US member of the EWI board thought that the June berry most closely resembled and tasted like a Saskatoon berry, fyi.

Our next stop was the brand Remai Modern new Art Museum which sits on the river bank downtown. It opened in October of 2017 and is home to the world's largest collection of Picasso linocuts in the world, thanks to a local citizen donating her collection to the City. This new facility and exhibit has truly placed Saskatoon on the world stage. So much so, the New York Times named us one of the "52 must places to visit" in the world this year.

Our Chapter Chartering Celebration dinner began at 6pm in the Estevan Room at the Hilton Garden Inn. Guests were greeted by our Treasurer Darlene Biggins and Secretary Fran Seidler. checking After in and learning of their table assignments and purchasing 50/50 tickets, guests were given complimentary a Saskatoon Prosecco and Berry Liquor Martini.

For the next hour our members, their families and our special guests mingled, shopped the silent auction tables and got to know one another. There was a definite excitement in the air! The Chapter had arranged for a professional photographer to be onsite during this hour to capture some historical shots. Eighteen of our twenty-two members were in attendance as we posed for our first "official" Chapter group photo.

We were so pleased to meet and greet our newest member Amanda Medvid with Food 4 Change. Amanda had never been to a meeting but joined the week before after seeing us on Facebook. Her membership was received too late to be included on our Charter document, but she was there to help us celebrate. Welcome Amanda!

The program commenced with a welcome by President Alisa Thompson who introduced the board members and then thanked me with a beautiful bouquet, spa gift card and card of thanks for chairing the event. We then had a special welcome from City Counselor Bev Dubois on behalf of our Mayor Charlie Clark, who had been our first guest speaker in January of 2017.

Vicki Mowat, who is an individual member and also an elected member of the Provincial Government's Legislative Assembly, also gave her official welcome. Invocation was delivered by our sponsoring Chapter, EWI of Calgary President Sherri Cunningham.

We enjoyed a three course meal with Mixed Greens, Prime Rib and then a Chocolate Torte for dessert. Immediately after dinner the silent auction closed and we heard a few words from our sponsor Nutrien.

For the next 45 minutes we were enthralled to listen to our Guest Speaker Jess Tetu share her story. From an addictive home life as a child which she left at the age of 15 to becoming the owner of four spas and a cosmetic line, Jess was a true inspiration to all 45 of us in attendance. As a thank you, the Chapter presented Jess with a large floral arrangement courtesy of our sponsor Grower Direct.

The Chartering ceremony was then conducted by Corporate President Cheryl Hawkins. She read greetings from the Corporate Board and then presented President Alisa Thompson and Vice President/President-Elect Sandra Miller with our Charter, membership pins and decals. We thanked Cheryl for coming and helping to make this a special event. We were pleased to present her with a special "Canada Collection Sparkle Ball Pearl Bracelet" from renowned local jeweler Hillberg & Berk.

After our 50/50 draw which was won by Serena Dallas and a few door prizes, we wrapped up the meeting by announcing the winners for each of the 21 silent auction items. While that concluded our official program, some members continued to celebrate in the hotel lounge.

I hosted all the out of town guests for brunch at my home on Saturday. This was followed by some vigorous jewelry shopping at my kitchen table! Poor Len and Frank had to sit through that marathon session of bling. Too funny! We then said our farewells to the Eslers and Sniders. Sherri and I then made sure Cheryl was able to pick up her dress and then dropped her off at the Western Development Museum which she enjoyed with Serena Dallas and Fran Seidler that afternoon.

Afterwards, we all met up at Picaro, a Latin restaurant for dinner being that it was Cinco de Mayo. Sherri and I had to dine and dash as her flight back to Calgary was that night.

On Sunday, Fran was able to pick up Cheryl and drive her to the airport in style once again. I understand she was even able to get some shopping in that morning at our mall across the street from the hotel, specifically visiting Hillberg & Berk for matching pieces!

On behalf of the entire Chapter of EWI of Saskatoon, I would like to thank Cheryl and the Corporate Board members, Cortney Ihde, our special guests, sponsors and donors for their support of this event.

Most importantly though I want to thank our members for their enthusiastic embrace of all things "EWI" these past sixteen months! Your passion and excitement has been the contagion that helped us spread like a prairie wild fire. I am so proud of you all and to be associated with this new Chapter!

ewisofsaskatoon.ca



Here are our members with the board member names in bold. Please welcome them into the EWI family!

Tammy Beauregard Anne Hardy	Kimberly Jolivet Char Weightman	Michelle Busa Joy Crawford
Jennelle	Sandra	Darlene
Wignes-	Miller	Biggins
Haaland		
Susan	Char	Shannon
Mowat	Mazurek	Cossette
Lynn Gow	Serena	Amanda
	Dallas	Medvid
Alisa	Ganna	Fran
Thompson	Tetyurenko	Seidler
Vicki		Janita
Mowat		King

Respectfully submitted,

Karen

Karen Skirten EWI of Saskatoon Co-Founder & Advisor EWI of Calgary Chapter Life Member 2012-2013 Corporate President

EWI Shirts - Available to Order



Email your Style & Size by 31May to: karen@mobopro.com

Shirts will be delivered and payment collected at the June Dinner meeting





Logo in White

L4015

100% Polyester Hybrid Mesh Moisture Wicking Sizes/Pricing: XS - XL = \$33.202XL = \$35.053XL = \$36.854XL = \$42.30

Logo in Color

L4451 100% Poly Flat Tricot Micro Pique Moisture Wicking Sizes/Pricing: XS - XL = \$34.98 2XL = \$36.83 3XL = \$38.63 4XL = \$44.08

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