

PRESIDENT'S REPORT



January 2019 Presidents Message

Happy New Year! I trust everyone's Holiday Season was a full of happiness, health and memories!

With the New Year, we bring new opportunities, a fresh start, and resolutions. I would like to share some of mine. One is to drink more water, as this has always been a challenge for me, however I have started out the year fairly strong by setting some attainable goals for myself each day. I have a 20oz water bottle at work and tell myself I have to finish one by the time I am done eating lunch, and the second one by the time I leave work, I have found myself a few times standing at my desk with my coat on guzzling the remainder of what is left. Then when I get home I only have to drink one more 20oz. So I am off to a good start, so we will see how I am doing in February.

My second resolution is to be more prepared. This is a big one for me, as organization is something I have always struggled with. So I am doing my best to ensure I have a "To Do" list going and taking a part of a day each week to plan ahead. Learning to say No is a big one for me and allowing myself to know that is okay to do so. My job takes me away from home one to two times a month and therefore I now see the importance more than ever about the skill of planning

and preparing as much as possible. There are a few quotes of some books I have read come to mind:

"If you have to eat two frogs, eat the ugliest one first." This is another way of saying that if you have two important tasks before you, start with the biggest, hardest, and most important task first."

"One of the very worst uses of time is to do something very well that need not to be done at all."

— Brian Tracy, *Eat That Frog!: 21 Great Ways to Stop Procrastinating and Get More Done in Less Time*

"The whole secret of freedom from anxiety over not having enough time lies not in working more hours, but in the proper planning of the hours."

— Frank Bettger, *How I Raised Myself From Failure*

With that now I want to re-read these books again, as I know they will help me with this resolution and help me keep moving it forward.

I am truly blessed to be a part of such a great organization such as this and I know I probably say each month, but I am really excited to see where we are going to go this year. Please remember we will not be holding a Dinner Meeting this month, however we are going to be doing a fun night that will also serve as a fundraiser to help with our ASIST program on Friday, January 18th at the Yuk Yuk's on Tour Comedy Club located at the Park Town Hotel. Come out and bring some friends, make a night of it! You can purchase your tickets through our EWI of Saskatoon website.

Sincerely

Sincerely

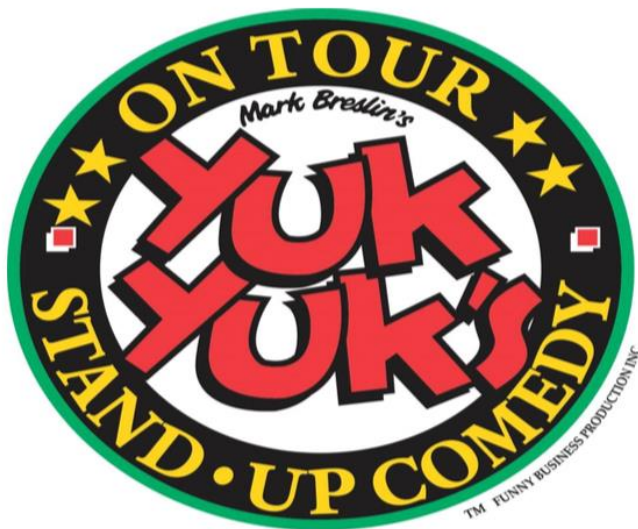
A handwritten signature in blue ink that reads "Sandra Miller".

Sandra Miller

EWI of Saskatoon President 2018-2019



JOIN US!
***Friday, 18 January**



The Program:

We are going to laugh our frost bitten noses off . Join us for a night of laughs at Yuk Yuks with performers Matt Foster featuring Dale Ward.
Guests welcome!

Fundraiser
Yuk Yuk's On Tour
in the Park Town Hotel

8:00—Doors Open
9:00—Show Starts

Cost:
\$20/person

Register by January 12th on
ewiofsaskatoon.ca/events

***Note the day change!**

**Connections, Careers,
Community**



For any future submissions for the Connect. Must be in by the last day of the month.

Contact Amanda
amedvid@hotmail.com

or

ewiofsaskatoon@gmail.com

For any suggestions for guest Speakers please speak to our Programs Director T.J Keller

tj.keller@sasktel.com

Save the Date

January 18th

Fundraiser Comedy

8:00 doors open

9:00 Show Starts

Comedy with Matt Foster featuring Dale Ward

February 20th

Networking and Dinner

Location TBD

March 20th

Networking and Dinner

Location TBD

Stay tuned to our Website & Facebook page for details.

Remember our meetings are on the 3rd Wednesday of each month.

**“Always
do your
best. What
you plant
now,
you WILL
harvest
LATER.”**

Og Mandino

#243

**SUCCESS IS NEVER
GETTING TO THE
BOTTOM OF YOUR
TO-DO LIST**

Marissa Mayer, CEO of Yahoo

STARTUPVITAMINS

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We are creating a partnership with Young Women in Business. They are a community for emerging female leaders and young professionals who want to create their own success. We believe every woman and young professional stepping into the workforce or growing in their career should be well equipped with the proper set of tools and knowledge to reach their fullest personal and professional potential. We provide young women and professionals with events, programs and an engaged network of ambitious women, to help them become successful in their careers, take on new challenges and develop skills.



Do you have what it takes to be a mentor?

We are looking for a 5 members to be part of the Wonder Woman of the Month – Speed Networking Event. This is hosted by the Young Women in Business group at the University of Saskatchewan. The Speed Networking will take place at Louis Loft on February 13th. If you can take part in this event please contact Joy for more details by the end of January at crawfojo@sasktel.net or 306-717-6773.

<https://ywib.ca/usask/events/wonder-woman-of-the-month-speed-networking>